



# HEART TO HEART

WWW.GOOTTER.ORG

WORKING TO CONQUER SUDDEN CARDIAC DEATH

VOL. IX FALL 2016



The Steven M. Gootter Foundation is dedicated to saving lives by defeating Sudden Cardiac Death through increased awareness, education, scientific research and the distribution of AEDs.

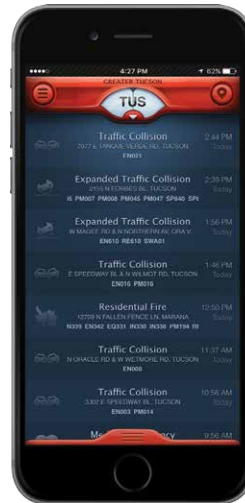
The Steven M. Gootter Foundation works to increase awareness of Sudden Cardiac Death among those who may be at risk, fosters education among the public and health care professionals, and funds scientific research into the causes of and treatments for Sudden Cardiac Death.



## FOUNDATION HONORS MACKSTALLER, LAUNCHES TUCSON PULSEPOINT PROGRAM

The 11th annual Steven M. Gootter Gala was held on March 4 at the Westin La Paloma. More than 350 people attended. The event featured a silent auction, a live auction, wonderful food, music, and dancing. The 2016 Philanthropic Honoree was Dr. Lori Mackstaller.

Andrew Messing, president of the Steven M. Gootter Foundation, affirmed that the mission of the Foundation is to provide community outreach, research and AEDs. In keeping with that mission, the Gootter Foundation sponsored Greater Tucson in becoming a PulsePoint connected community. On April 20, the mayors of Tucson, South Tucson, Oro Valley and Marana, along with multiple fire districts in the region, jointly announced the PulsePoint app for smartphones.



The Gootter Foundation sponsored Greater Tucson in becoming a PulsePoint connected community.



*Top left:* Dr. Lorraine Mackstaller receives the Philanthropic Award at the Gootter Grand Slam Gala Dinner

*Top right:* Dr. Mackstaller with past Philanthropic Award winners Allan Norville and Ginny Clements

*Lower right:* Barbara and Dr. Mark Friedman

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**SAVE THE DATE FOR THE 12<sup>TH</sup> ANNUAL GOOTTER GRAND SLAM GALA DINNER: MARCH 3, 2017 AT THE WESTIN LA PALOMA**

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## FOUNDATION RECEIVES GRANTS TO PLACE LIFESAVING AEDS THROUGHOUT COMMUNITY



The Oro Valley Dolphins Football Team with an AED donated by the Gootter Foundation

The Steven M. Gootter Foundation has been awarded \$33,400 from the MDRT Foundation, The Tohono O'odham Nation and Fiesta Bowl Charities to place lifesaving AEDs (Automatic External Defibrillators) throughout the Tucson community.

The \$10,000 grant from the MDRT Foundation will be used to equip 10 Tucson Police Department patrol cars with AEDs. The Gootter Foundation will provide the TPD with an additional 15 AEDs. With this gift, the Gootter Foundation has funded 75 AEDs for TPD patrol cars.

Police are often first on the scene when a cardiac event is reported. Although one can never predict when and where a sudden cardiac event will take place, by placing AEDs in patrol cars with officers who have been trained on how to use these devices, there is a greater chance that the sudden cardiac victim will survive.

"It makes sense for our police cars to be equipped with these lifesaving devices," said Gootter Foundation President Andrew

Messing. "Hopefully, Tucson will become a model city for the rest of the country when this program is implemented. The more AEDs we place in our community, in locations where they are most likely to be used, the better the odds are that lives will be saved. We are

most grateful to the MDRT Foundation for their support of this life saving initiative."

The Steven M. Gootter Foundation was selected by the Tohono O'odham Nation as a recipient of a grant in the amount of \$14,400 for the placement of AEDs in key

areas in three downtown entertainment areas in Tucson. Hundreds of thousands of people attend downtown events each year and this is a great way to make the community safer.

The Gootter Foundation also received a \$9,000 donation from Fiesta Bowl Charities to fund AEDs for Sports Teams in Southern Arizona. Previous sports team recipients of AEDs from the Gootter Foundation have included Beat Cancer Boot Camp, Sporting Chance Center, Tucson Senior Softball League and Tucson Aztecs Soccer Club.

*"The more AEDs we place in our community, in locations where they are most likely to be used, the better the odds are that lives will be saved."*

- ANDREW MESSING

### FOUNDATION HONORS MACKSTALLER, LAUNCHES TUCSON PULSEPOINT

*Continued from page 1*

The goal of PulsePoint is to get a CPR/AED trained person to a victim of sudden cardiac arrest as soon as possible. The free app will alert registered users of the need for CPR and of the location of the nearest AED. Sudden cardiac arrest events claim the lives of 1,000 people every day in the United States. PulsePoint will give Tucson area citizens the chance to hopefully reduce that number and become a role model for the rest of the country.

## RESEARCH AND INVESTIGATOR AWARD UPDATES

In the last three years, with \$360,000 in funding from the Steven M. Gootter Foundation, the University of Arizona Sarver Heart Center CPR Research Lab has continued its pursuit to improve outcomes, including long-term, neurologically-intact survival after cardiac arrest. Translational animal work in the lab has shown that early reperfusion of an acutely occluded coronary artery leading to cardiac arrest is best treated with simultaneously administered therapeutic hypothermia (cooling) and early reperfusion (reopening the blocked coronary artery).



**Karl Kern, MD**

The Foundation also granted an Investigator Award to Meredith Hay, PhD. Hay is a Professor at the UA College of Medicine, Department of Physiology; and is the Evelyn F. McKnight Brain Institute Professor, UA College of Science, Department of Psychology. Hay is studying Angiotensin (-7) Treatment to Improve Cognitive Functioning in Heart Failure Patients. The hope is that the results from this study will provide preliminary data for a large, multi-million dollar NIH grant to study the effects of this drug in reducing cognitive impairment in patients with heart failure.



**Meredith Hay, PhD**

We are also pleased to support the University of Arizona Sarver Heart Center Grand Rounds: *Steven M. Gootter Foundation Visiting Professorships in Sudden Cardiac Death*. Five speakers with international reputations in the specific field of Sudden Cardiac Death (SCD) will be presenting and collaborating. A major benefit of this series is that these speakers stimulate interdisciplinary interactions necessary to maintain cutting-edge excellence. They also create new and productive collaborations with recognized investigators and centers of excellence around the world.

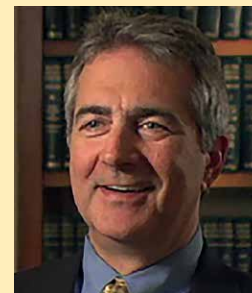


**Peter J. Schwartz, MD**

The first lecturer was Peter J. Schwartz, MD, the Director of the Center for Cardiac Arrhythmias of Genetic Origin and the Director of the Cardiovascular Genetics Laboratory at the IRCCS Istituto Auxologico Italiano, Milan, Italy. He is a leading expert in long QT syndrome, the relationship between the autonomic nervous system and life-threatening arrhythmias, and the risk stratification for sudden death. Currently, he is Fellow of the American Heart Association and the Council on Clinical Cardiology. He is the author of over 1,500 publications.

## FOUNDATION TO HONOR ELLIOT GLICKSMAN AT 2017 GOOTTER GRAND SLAM GALA

The Steven M. Gootter Foundation will present the 2017 Philanthropic Award to Elliot Glicksman at the Gootter Grand Slam Gala on March 3, 2017.



**Elliot Glicksman**

Glicksman has supported the Foundation since its inception and has served as emcee at every Gootter Grand Slam Gala. He has also lent his talents and time to many other charities in Southern Arizona. He is a founder and president of Jazz in January: The Tucson Jazz Festival. Glicksman has devoted his law practice to representing crime victims, helping them navigate the criminal justice system. He is a Past President of the Arizona Association for Justice.

## FOUNDATION EXPANDS AED DISTRIBUTION

The Steven M. Gootter Foundation has provided over 200 Automated External Defibrillators (AEDs) throughout Southern Arizona since 2009. For more information please visit [www.gootter.org](http://www.gootter.org)



**Joe Gootter presents an AED to Major Clementine Leslie of The Salvation Army Hospitality House Shelter.**

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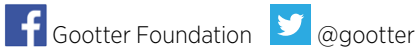
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**SAVE THE DATE!**

12TH ANNUAL  
**GOOTTER GRAND SLAM**  
GALA DINNER AT THE  
WESTIN LA PALOMA  
**MARCH 3, 2017**

If you would like to receive this newsletter and other communications electronically please email [gootterfoundation@gmail.com](mailto:gootterfoundation@gmail.com).



Select the Steven M. Gootter Foundation at [smile.amazon.com](https://smile.amazon.com) and .5% of your Amazon.com purchase will benefit the Foundation

## 11TH ANNUAL GOOTTER GRAND SLAM



Lorraine Mackstaller with Sophie and Max Gootter and Lily and Drew Messing



Garret Abeyta, Jerry Sundt, Rebecca Sundt, Kim Abeyta



Liam and Fiona Doyle with Claudine and Andrew Messing



Breanne Tiritto, Tom Toole, Theresa and Larry Cesare



Dr. Nancy Sweitzer, Neelam Sethi, Dr. Carol Gregorio



Marie and Mike Piccarella with Mayor Jonathan Rothschild and Karen Rothschild