



HEART TO HEART



The mission of the Steven M. Gootter Foundation is to save lives by defeating sudden cardiac death through increased awareness, education and scientific research.

The Steven M. Gootter Foundation works to increase awareness of sudden cardiac death among those who may be at risk, fosters education among the public and health care professionals, and funds scientific research into the causes of and treatments for sudden cardiac death.

STEVEN M. GOOTTER FOUNDATION NEARS GOAL OF ENDOWED CHAIR



L-R: Joe and Paulette Gootter; 2011 Philanthropic Award Recipients Alfie and Allan Norville

More than 350 people celebrated the sixth annual Gootter Grand Slam at a gala dinner on March 27, 2011 at Skyline Country Club. Highlights of the annual event included the presentation of the 2011 Philanthropic Award to Alfie and Allan Norville.

To date, the Foundation has raised nearly \$1.4 million of its \$2 million endowment goal for the Steven M. Gootter Chair for the Prevention and Treatment of Sudden Cardiac Death. The Chair will enable the University of Arizona Sarver Heart Center to recruit a faculty member with the scientific and clinical expertise to work toward finding new and improved ways of preventing sudden cardiac death.

The 2011 Gootter Grand Slam Tennis Tournament and Pro Exhibition featured Mats Wilander, Mikael Pernfors and UA Football Coach Mike Stoops.

MORE GALA PHOTOS ON BACK PAGE



L-R: Mikael Pernfors, Maddie Pothoff, and Mats Wilander



Elliot Glicksman auctioning off an AED



Wilbur & Wilma Wildcat showed off their tennis skills at the Tournament

STEVEN M. GOOTTER
FOUNDATION
BOARD OF DIRECTORSBobby Present
*President*Andrew Messing
*Vice President*Rob Aronoff
*Treasurer*Steve Weintraub
*Secretary*Joyce N. Barkley
Gordon A. Ewy, M.D.
Debra Gootter
Joe Gootter
Paulette Gootter
Shari Gootter
Claudine Messing
Tom Pothoff
Steve Rosenberg
Leigh Ann Waterfall
Arianne Weiner, Ph.D.GOOTTER GRAND
SLAM COMMITTEEAsher Amar
Jessica Baylon
Michelle Brown
Susan Dellheim
Chuck Dunn
Molly Eglin
Jayme Fabe
Evan Feldhausen
Jil Feldhausen
Debbie Fleischman
Norma Gentry
Jennifer Miller Grant
Sheila Hips
Lyssa Holmes
Meghan Houk
Ashley Jones
Judi Kessler
Bob Kivel
Donna Levy
Clint McCall
Melissa McCoy
Jeff Miller
Jessica Monash
Ginny Murphy
Brent Nelson
Emily Pollock
Jim Reffkin
Abbie Stone
Peter Strong
Amy Stuchen
MaryPat Ware

ADVISORY COUNCIL

Jack Copeland, M.D.
Dan Hicks
Fletcher McCusker
James H. Moore, Jr.
Robert Sarver
Vince Sorrell, M.D.
Christine TorettiPHILANTHROPIC
AWARD RECIPIENTSGordon A. Ewy, M.D.
Alfie and Allan Norville
Bobby Present
Robert and Penny Sarver
Bazy TankersleyFOUNDATION PROVIDES LIFESAVING
AUTOMATED EXTERNAL DEFIBRILATORS (AEDS)
TO THE SOUTHERN ARIZONA COMMUNITY

In an unparalleled move to prevent avoidable deaths from sudden cardiac arrest, the Steven M. Gootter Foundation has provided automated external defibrillators (AEDs) to more than 40 local schools, places of worship, and recreational centers.

Organizations the Foundation has donated AEDs to include all six of the Tucson Boys and Girls Clubs, the Jim Reffkin Tennis Center, the Tucson Children's Museum, and the Museum of Contemporary Art. All the schools and institutions have received training on the AEDs through The University of Arizona Sarver Heart Center. We are grateful to Coach Mike Stoops for his unwavering support of the Gootter Foundation and our AED program. The Foundation is committed to sparing families the tragedy of losing a loved one to this silent killer that takes 1,000 lives a day. More lives are lost to heart disease than are lost to cancer and AIDS combined.



UA Football Coach Mike Stoops with an AED

A SUDDEN CARDIAC DEATH
SURVIVOR'S STORY

I'm Rob Charles, I am a 53-year old husband, lawyer, tennis player, and father of three. I am a genuine sudden cardiac death survivor. It's a miracle that I am alive today, given the remote odds I faced on the tennis court last November. But to me, it's more than a miracle. I am standing here today as the result of luck and skill – luck, because someone was nearby who had the courage to respond when I needed it; and skill, because those who responded were trained in chest compression only CPR and the use of an AED. As a result of the extraordinary care at the University of Arizona Sarver Heart Center, I have made a full recovery.

Now, I have the opportunity to continue to enjoy the love of my wife and children. I am back at work practicing law, and back playing tennis. The Gootter Foundation has made sudden cardiac death their cause. Beyond the direct research funding they give to the UA Sarver Heart Center, they have taken their cause into our community, placing AED's where we work, worship and play. The results of their work and efforts are immeasurable. The impact that they will have will be felt for generations.



Rob and Ann Charles

FOUNDATION TO HONOR GULSHAN AND NEELAM SETHI

The Steven M. Gootter Foundation will honor Dr. Gulshan and Neelam Sethi with its Philanthropic Award at the 2012 Gootter Grand Slam. The Sethis have been married 40 years and have made a wonderful mark in Tucson through numerous philanthropic endeavors including Angel Charity for Children, the Tucson Children's Museum, the University of Arizona and as benefactors of the Fox Theatre where they produce the popular Bollywood at the Fox and BollyKids events. They have two children and five grandchildren.



Neelam and Gulshan Sethi

JOHN P. KONHILAS RECEIVES SECOND GOOTTER INVESTIGATOR AWARD

The Steven M. Gootter Investigator Awards at the University of Arizona Sarver Heart Center are designed to foster greater understanding of the causes and prevention of sudden cardiac death.

John Konhilas, PhD., Assistant Professor in Physiology at the UA Sarver Heart Center, was granted the Gootter Investigator Award in 2009 and 2010.



John Konhilas, PhD

While exercise is good for cardiovascular health, it is commonly believed that even mild exercise is not advised for those who suffer from Hypertrophic Cardiomyopathy (thickening of the heart muscle). This research is aimed at proving just the opposite – that mild exercise is good for those with HCM. Dr. Konhilas's research studies an enzyme (AMP-Kinase) that is a key in regulating cellular energy. The goal of the project is to determine the cellular mechanisms of HCM (one of the primary triggers of SCD in young athletes) and identify novel therapeutics for patients with HCM.

The combination of these two awards has led to two NIH grants worth \$2.5 million and an American Heart Association post-doctoral fellowship award worth \$100,000. In addition, three manuscripts have been submitted and one is in preparation based on work completed as part of these awards.



2010 Investigator Award winner Taben Mary Hale, PhD (left) and 2009 Investigator Award winner Rayna Gonzales, PhD (right).

STEVEN M. GOOTTER INVESTIGATOR AWARDS PAST RECIPIENTS

MAKING AUTOMATED DEFIBRILLATORS SMARTER: IMPROVING DEADLY ARRHYTHMIA RECOGNITION

Julia H. Indik, M.D., Ph.D.

Sarver Heart Center member,
Assistant Professor at the College of Medicine
and the American Heart Association/
Flinn Foundation Endowed Chair of Electrophysiology.

NEUROPHYSIOLOGIC TRIGGER OF HEART RHYTHM DISTURBANCE IN THE CONTEXT OF EMOTIONAL STRESS AND CORONARY ARTERY DISEASE.

Richard D. Lane, M.D., Ph.D.

Professor of psychiatry, psychology and neuroscience
at the University of Arizona.

PREDICTABILITY OF SUDDEN CARDIAC DEATH BY CARDIAC MRI

Vincent L. Sorrell, M.D.

Sarver Heart Center member,
Professor of Clinical Medicine and Radiology
at the College of Medicine, and the Allan C. Hudson and
Helen Lovaas Endowed Chair of Cardiovascular Imaging.

ROLE OF THE PROTEIN ACTIN IN HEART FAILURE

Anke Zieseniss, Ph.D.

Research associate in the laboratory of
Carol Gregorio, Ph.D., who leads the
Molecular Cardiovascular Research Program.

DECIPHERING THE ROLE OF A SPECIFIC MUTATION IN THE CARDIAC MUSCLE

Carol C. Gregorio, Ph.D.

Director of the Molecular Cardiovascular Research Program
at the Sarver Heart Center where she also serves
as co-Director of the Center.

HOW THE DISEASE LOYES-DIETZ SYNDROME PUTS CERTAIN INDIVIDUALS AT UNUSUALLY HIGH RISK OF AORTIC RUPTURES LEADING THEM TO SCD

Mohamad Azhar, Ph.D.

Member of the Sarver Heart Center and the
BIO5 Institute at the University of Arizona.

STUDY OF THE REGULATION OF VASCULAR INFLAMMATION BY ANDROGENS IN HUMAN CORONARY VASCULAR SMOOTH MUSCLE

Rayna Gonzales, Ph.D.

Assistant Professor in Basic Medical Sciences at the
UA Sarver Heart Center.

HEART TO HEART

WORKING TO CONQUER SUDDEN CARDIAC DEATH

SAVE THE DATE!

THE SEVENTH ANNUAL
GOOTTER GRAND SLAM
STEVEN M. GOOTTER FOUNDATION

MARCH 24-25, 2012
SKYLINE COUNTRY CLUB

6TH ANNIVERSARY GOOTTER GRAND SLAM



Tom & Jenny Toole,
Lyssa & Stuart Holmes



Mikael Pernfors, Dr. Fayez & Joan Ghishan,
Myriam & Dr. Dino Stea, Mats Wilander



Dr. Leonard & Marcelle Joffe, Tony & Linda
Penn, Carmen Bermudez & Tom Feeney



Mikael Pernfors, Rob, Ruth, Dr. Mort and
LaDonna Aronoff, Mats Wilander



Mats Wilander



Mikael Pernfors, Dr. Gulshan & Neelam Sethi,
Dr. Gordon A. Ewy, Mats Wilander